



Pilates in Braddan Church Hall

Weekly Matwork Classes Taught by

Suzanne Young, Owner of The Gym, Victoria Buildings, Parliament St, Ramsey, Isle of Man, IM8 1AX

Class Times : 17.30 - 18.30 or 18.45 - 19.45

Level : Both classes are Beginner/Intermediate Level

Price if paid in advance: Book your place and pay in advance £8.50 per class (£7.50 for OAPs)

Price if paying on the night: Book your place and pay on the day £10 (no concessions)

Booking: YOU MUST BOOK YOUR PLACE IN ADVANCE THIS IS NOT A DROP IN CLASS

Please make it clear which class **time** you are coming to and select the **dates** you want to book:

Wed 12 Oct	Wed 19 Oct	Wed 26 Oct	Wed 2 Nov	Wed 9 Nov	Wed 16 Nov	Wed 23 Nov	Wed 30 Nov
17.30 – 18.30	17.30 – 18.30	17.30 – 18.30	17.30 – 18.30	17.30 – 18.30	17.30 – 18.30	17.30 – 18.30	17.30 – 18.30
Wed 12 Oct	Wed 19 Oct	Wed 26 Oct	Wed 2 Nov	Wed 9 Nov	Wed 16 Nov	Wed 23 Nov	Wed 30 Nov
18.45 – 19.45	18.45 – 19.45	18.45 – 19.45	18.45 – 19.45	18.45 – 19.45	18.45 – 19.45	18.45 – 19.45	18.45 – 19.45

NameMobile Tel No.....

Address (postal or e mail).....

Number of classes booked.....x £8.50 or £7.50 Enclosed.....

You can return this form with a cheque by post to 'Suzanne Young', The Gym, Victoria Buildings, Parliament Street, Ramsey, IM8 1AX or you can email the form to pilates@manx.net and make a direct bank transfer to Miss Suzanne Young, HSBC, Douglas, 40.19.38, 42504081 but make sure you email me the form so i know who's booked what!

For more information see my website www.thegym.co.im

Refunds for non-attendance are not given however any cancellations of the class will be refunded or transferred. Clients are permitted to amend their booking dates providing at least 1 weeks notice is given contact Suzanne 465115 or email pilates@manx.net. If any of the classes you have applied for are fully booked you will be notified as soon as possible.